

Subject: Lung Health Network Newsletter Issue 8



Hello Network Members,

It's a busy time of year here at the Lung Health Foundation!

Over the past month we've participated in our first ever federal advocacy day on Parliament Hill, World COPD Day, Amazing Thanks, and Miracle on Main Street, while also holding educational events such as the Respiratory Health Forum and a Severe Asthma seminar.

Coming up we have the following new opportunities for you:

- Participate in Giving Tuesday by supporting Lung Health - Nov 29
- Tell your patients about our seminar Taking Control of COPD - Dec 7
- Join our roundtable on Dispelling Flu Shot Myths - Dec 8
- Present a Case at Better Breathing 2023 - Feb 10
- Take the Pallium Canada - LEAP Lung Course - Mar 1 & 3

We encourage network members to let us know about any events, projects, tools, et cetera that might be relevant to the network. We are always happy to look at ways to promote the other activities you are involved in as well.

If you have any ideas you would like to include, please reach out to Natalie Bennett at network@lunghealth.ca.

Impact

World COPD Day

On Wednesday November 16, we celebrated World COPD Day at the Lung Health Foundation Head office with a live stream event. We had a panel discussion around shared decision making between healthcare providers, caregivers and individuals living with COPD.

As we shared stories and heard the facts and stats of COPD, we know it doesn't stop here.

Stay tuned, an event recording will be sent soon!

Thank you to AstraZeneca Canada for their continued support of this annual event presented by the Lung Health Foundation.

Amazing Thanks

On Thursday November 10, all staff at the Lung Health Foundation came together for a day of giving 'Amazing Thanks' to our wonderful donors. Without our donors, we cannot fulfill our mission. Donors help to fund every element of our work and keep us moving towards our mission in improving the lung health of Canadians.

Staff wrote thank you messages by hand and phoned donors to personally express gratitude. The social atmosphere was enhanced by music, refreshments and a get-to-know-you session with our new CEO, Jessica Buckley.

If we did not reach you on that day, thank you for your support and commitment to the Lung Health Foundation!

Lung Health Foundation Joins *Miracle on Main Street* in Brampton!



The Lung Health Foundation (LHF) was excited to collaborate with the Tiger Jeet Singh Foundation (TJSF) and the City of Brampton on Friday, November 18th at their **Miracle on Main Street** community event.

Each year TJSF raises money from donations and sponsorships that go towards the purchase of food and life essentials for families experiencing poverty and injustice. The Salvation Army, Women Shelters, SickKids, McMaster Children's Hospital, and the Boys & Girls Club of Peel are just some of partners in this initiative. Admission is free to this event with the donation of a new, unwrapped toy – all of which are delivered to children in hospital, or in need on Christmas day.

In addition, since 2015, TJSF has donated \$500,000 to elementary schools to support initiatives such as inclusive classrooms, literacy, breakfast programs and mental health. The Tiger Jeet Singh Foundation is a not-for-profit registered Canadian charity that does not charge for any administrative fees and ensures 100% goes back into supporting the community.

By collaborating on this community event, LHF was able to share information, resources, and the message of the importance of healthy lungs to all those in attendance.

Join us on December 9, 2022 at the next **Miracle on Main Street event in Milton!**

Implementation in Action

Respiratory Health Forum

Thank you all for making the 14th annual Respiratory Health Forum (RHF) a huge success!

We had over 450 people registered including over 340 healthcare professionals and over 100 community guests (e.g., people with lived experience, caregivers, family members, etc.).

If you registered for RHF, you can still access the recordings by logging into the Whova platform and view the sessions from the comfort of your own home.

If you attended the sessions, remember to **complete the evaluation survey** so that we can shape next year's forum to your learning needs.

See you next year at our 15th annual Respiratory Health Forum!

[Complete the Evaluation](#)

Severe Asthma – What that Looks Like in Primary Care

Thank you to all those that attended this educational evening sponsored symposium brought to you by the Lung Health Foundation through a supportive grant from AstraZeneca.

If you missed the session, it's not too late! Access the archived version [here](#).

Speakers: Dr. Alan Kaplan and Jennifer Falkiner

Learning Objectives:

Participants will be able to:

- Recognize what constitutes good asthma control
- Identify patients within their practice who need to be assessed for severe asthma
- Recognize the burden of oral corticosteroids on patients
- Discuss what primary care practitioners need to know to support their patients who are on biologics

For questions, please email Gloria at pep@lunghealth.ca

[View the recording](#)

Education Opportunities



Join us for our 40th year as one of the largest and longest-running respiratory events in Canada!

This year's programming will bring together provider learning, patient empowerment and powerful policy discussions. We'll cover lung cancer, COPD, asthma, youth vaping and smoking cessation and infectious respiratory disease.

Details coming soon to betterbreathing.ca!

For your patients:

Where applicable, please pass along the following, or [this flyer](#), to your patients:

Taking Control of Chronic Obstructive Pulmonary Disease (COPD)

Wed Dec 7, 2022 | 2pm - 4pm | FREE virtual & in-person event

Sault Ste. Marie Public Library - North Branch,
232 C Northern Avenue East, Room A

Speakers: Chris Haromy, RRT, Certified Respiratory Educator, Lung Health Foundation and Kori Evoy, RRT, Certified COPD Educator, Northern Respiratory

Learning Objectives:

- Define COPD and identify key ways it is diagnosed
- Determine strategies that can help manage COPD and improve quality of life
- Learn how to use the In-Check Dial
- Observe how to use portable oxygen device options and recall their benefits
- Identify where to learn more about COPD

Agenda:

1:45pm - 2:00pm Registration (In-Person)

2:00pm - 3:45pm Presentation

3:45pm - 4:00pm Question and Answers

For questions please email Gloria at pep@lunghealth.ca or call the Lung Line at 1-888-344-5864

[Register Now](#)

Pa llium Canada - LEAP Lung Course

Mar 1 & 3, 2023 | 12:00pm - 3:00pm ET | Virtual, Interactive & Free

LEAP Lung is an interprofessional course that provides healthcare professionals with the skills and competencies of the palliative care approach. It includes course modules and case studies contextualized to the respiratory care setting.

Learning Outcomes:

Upon completion of LEAP Lung, learners should be able to:

- Define palliative care and identify patients who will benefit from it
- Identify our own biases and understanding, misunderstanding and biases towards palliative and end-of-life care
- Provide person-centred, compassionate care
- Undertake advance care planning (ACP) and goals of care discussions
- Apply ethical decision-making
- Identify, assess and manage symptoms and needs at a palliative care approach level
- Identify and address psychological distress, social needs, and spiritual needs
- Ensure good transitions of care between care settings
- Manage patients in the last days and hours
- Address requests to hasten death and for MAID

Accreditation

This two-credit-per-hour Group Learning program has been certified by the College of Family Physicians of Canada for up to **28 Mainpro+® credits**.

This event is also an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada, and approved by the University of Ottawa's Office of Continuing Professional Development. You may claim a maximum of **14.0 hours** (credits are automatically calculated).

For more information visit <https://www.pallium.ca/course/leap-lung>

To register, please email Gloria at galfred@lunghealth.ca

Collaboration Opportunities

Giving Tuesday - Nov 29

On Giving Tuesday, double the impact of your holiday gift. Your donation will give people like MaryAnn, a lung cancer survivor, the strength she needs to fight lung disease. Make your gift at www.lunghealth.ca/holidaygift.

Our partners in lung health, ProResp and Rexall Care Network, are generously matching all donations on Giving Tuesday, dollar-for-dollar, up to \$40,000. Your gift will make twice the impact to help even more Canadians.



**YOUR
DONATION
GIVES
ME THE
STRENGTH
TO FIGHT
LUNG
DISEASE.**

MaryAnn
Diagnosed at age 59 with Stage 1 Lung Cancer

DONATE TODAY

Together, we are greater than lung disease.

lung
health
starts
now

lung health
foundation

The Lung Health Roundtable presents **Dispel Your Flu Shot Myths!** - Dec 8

Join Dr. Dawn Bowdish who will share insights on the influenza vaccine.

As we know, each year in Canada, thousands of people are hospitalized due to the health complications stemming from pneumonia and flu. Without a doubt, vaccines remain the best preventative option to decrease hospitalizations and keep each other safe.

[Register Now](#)

Calling all Community Respiriologists! Present a Case at Better Breathing 2023 - Feb 10

Do you have an interesting case that's come up recently in your practice that you think your colleagues would like to hear about?

Would you like to receive free registration to the in-person Toronto portion of Better Breathing 2023 on Friday February 10, 2023?

If yes, we invite you to submit a short and sweet description of your case (bullet points are fine) **by Wednesday November 30, 2022** for consideration towards a **10-minute presentation** during the André Péroquin Clinical Case Series.

The commitment would also involve judging the Resident Case presentations scheduled for later the same day. A rubric and other instructions will be provided.

You can submit your case presentation ideas simply by replying to this email (network@lunghealth.ca)

We look forward to hearing from you!

Call for Testers! The Lung Health Foundation's Asthma Best Practices Toolkit is in Development

The Lung Health Foundation is working with clinical experts to develop an asthma best practices digital implementation toolkit, which will function as a one-stop-shop for clinical tools and resources to help healthcare providers implement practices in alignment with asthma quality standards.

From October 28 to November 11, the Lung Health Foundation will be conducting a round of "beta testing", to gather feedback on the structure,

organization, and navigation of the toolkit website, before it launches next year. And we're looking for your help!

If you're interested in participating in the toolkit's beta testing process, please reach out to Kristiann Man at kman@lunghealth.ca.

Asthma and COPD Survey! We need your expertise and insights!

To help guide the strategic mapping and development of LHF's asthma and COPD programming, we are surveying healthcare providers about key barriers and opportunities.

This short online survey aims to understand factors that influence patient participation in self-management of asthma and COPD, especially in the context of two key interventions:

- 1) use of action plans and
- 2) use of (control) inhalers.

The survey will take approximately 15 minutes to complete and is anonymous. Survey respondents will receive a **\$25 electronic Amazon gift certificate**. Be sure to have your say!

[Provide your input here!](#)

Seeking a Clinical Lead for Developing a New Primary Care Data Set!

Ontario's Primary Care Asthma and COPD Program (PCAP) has been delivered through select primary care organizations across Ontario for many years. To better enable outcome and performance measurement of PCAP, and to guide quality improvement, LHF is **seeking a Clinical Lead** who will directly plan and execute the development of a new PCAP data set.

Among other quality and performance measures, this data set should strive to allow for reporting in relation to Ontario Health's Asthma and COPD Quality Standards.

The Clinical Lead will work closely with LHF's Implementation team and Research and Impact team, as well as with the PCAP Medical Director.

If you have any questions, please reach out to Chris Langlois at clanglois@lunghealth.ca.

[Review the job posting here!](#)

Policy in Action

Lung on the Hill



Last week, the Lung Health Foundation hosted its first federal advocacy day on the Parliament Hill in Ottawa. LHF staff and its community of patient advocates and healthcare providers travelled from across the country to lead

a series of successful meetings with Members of Parliament urging all political parties to invest in a national lung health agenda for Canada.

We received broad support for the initiative from elected officials who engaged with our advocates including a strong acknowledgment for a comprehensive and coordinated strategy required to effectively improve prevention, diagnosis and treatment of lung disease in Canada.

Live coverage was also provided on the Lung Health Foundation's social media channels. Be sure to follow us and check it out.



To learn more about how the Lung Health Foundation advocates for better lung health for Canadians through policy change and education, please visit [here](#).

Research

In the Press

We are pleased to disseminate news of publications arising from projects previously funded by Lung Health Foundation research awards. This month we have:

Afriyie-Asante A, Dabla A, Dagenais A, Berton S, Smyth R and Sun J (2021) *Mycobacterium tuberculosis* Exploits Focal Adhesion Kinase to Induce Necrotic Cell Death and Inhibit Reactive Oxygen Species Production. *Front. Immunol.* 12:742370. doi: [10.3389/fimmu.2021.742370](https://doi.org/10.3389/fimmu.2021.742370)

Do you have a recent publication related to our five foci (Asthma, COPD, Lung Cancer, Smoking/Vaping Cessation, Infectious Respiratory Disease) you'd like to share? Please send it our way!

Help us Grow our Network

The wisdom and expertise of healthcare professionals dedicated to improving the lung health of Canadians have long guided the mission of the Lung Health Foundation. Help us grow our **Lung Health Network for Healthcare Professionals and Researchers** by inviting your friends and colleagues to join.

Powered by the Lung Health Foundation, this network offers meaningful opportunity for healthcare professionals to collaborate and directly contribute to the design, delivery, and evaluation of strategies and policies to improve lung health in Canada.

The Network and its members are guided by the **strategic plan of the Lung Health Foundation** and are engaged throughout the Lung Health Foundation's work to ensure healthcare professionals' perspectives and insight contribute to impact and sustainable change.

We are building a community of passionate and dedicated healthcare professionals who believe lung health can and should be better for all Canadians.

Opportunities within the Network include:

- Leadership Roles
- Education Hub
- Research Hub
- Implementation Hub
- Health Policy Hub
- Speaker's Bureau

For more information and to join the Network, we invite you to visit **lungnetwork.org**

[Join the Network](#)

*There's still time to
support the 2022
Holiday Campaign!*

Donate today

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