



Hello Network Members,

We hope you have been enjoying the beautiful autumn colours. Some highlights from our newsletter this month include:

- greetings from our new Director of Research and Impact, Wendy Yen
- our youth smoking vaping cessation app, QUASH, has been renewed
- Better Breathing 2023 - dates announced - Feb 6 to 10, 2023
- Respiratory Health Forum - record attendance this year and you can still view the recorded sessions
- new patient programs in Sault Ste. Marie & the Algoma region

And we present opportunities for you to:

- provide your input on the development of our Asthma Best Practices Toolkit
- provide your feedback on the key barriers influencing patient participation in self-management programs
- apply for a position as Clinical Lead for Developing a New Primary Care Data Set
- volunteer to join the consultation process as we advocate for a National Lung Health Agenda

We encourage network members to let us know about any events, projects, tools, et cetera that might be relevant to the network. We are always happy to look at ways to promote the other activities you are involved in as well.

If you have any ideas you would like to include, please reach out to Natalie Bennett at network@lunghealth.ca.



*There's still time to
support the 2022
Holiday Campaign!*

Donate today

Impact

Another Year of Support for Quashing Youth Smoking and Vaping!

Over the last three years, the Lung Health Foundation has been funded by Health Canada to develop, implement and evaluate Quash — LHF's youth smoking and vaping cessation program — which launched in 2021. We are excited to share that Health Canada has agreed to provide an additional year of support, to allow for enhancements to the Quash website and app!

Throughout the lifespan of Quash, the work on the program has been guided by an Advisory Committee comprised of key stakeholders to achieve the project's goals. And LHF will continue to work with a range of experts to guide this exciting next year of the project.

If you are interested in lending your expertise to a Quash working group through this next phase of the project, please contact Erin Dufour at edufour@lunghealth.ca.

Respiratory Health Forum

Thank you all for making the 14th annual Respiratory Health Forum (RHF) a huge success!

We had over 450 people registered including over 340 healthcare professionals and over 100 community guests (e.g., people with lived experience, caregivers, family members, etc.).

If you missed the event, not to worry. You will still be able to view recordings of the sessions. All you have to do is **register** for RHF and once you do, you can log into the Whova platform and view the sessions from the comfort of your own home. Registration will be open for the next couple of weeks.

If you attended the sessions, remember to complete the evaluation survey **here** so that we can shape next year's forum to your learning needs."

Register for the Respiratory Health Forum

Complete the Evaluation Survey

Implementation in Action

New Programs, Services & Resources are coming to the Sault Ste. Marie & Algoma Region!

The Lung Health Foundation will be establishing and delivering a range of complementary programs, services and educational opportunities to support the city of Sault Ste. Marie and the broader region of Algoma in meeting the lung health needs of their residents. As we all know, the ongoing and seemingly relentless global pandemic surrounding COVID-19 has been difficult for everyone, but the stakes have been particularly high for those living with lung disease. So, now is the ideal time to provide additional supports and services for this underserved population group.

Collectively, our efforts will aim to achieve three distinct objectives in this area of Ontario:

- Increase uptake of smoking and vaping cessation programming among young people (ages 14 - 30)
- Increase self-efficacy among individuals living with chronic obstructive pulmonary disease (COPD) and lung cancer through tailored supports and programming
- Increase knowledge and skills among healthcare providers on key dimensions of COPD and lung cancer care to help address persistent gaps.

We are looking forward to working with our community partners in this area of the province, so stay tuned for more updates on our progress as plans begin

to take shape over the next few months!

Money Matters Webinar

The Lung Health Foundation, in partnership with Wellspring, recently hosted and recorded a webinar to discuss ways to navigate finances for those living with cancer or other chronic diseases.

The webinar covered:

- Government income replacement programs (EI, CPP, OW, ODSP)
- Workplace income replacement programs (short-term and long-term disability)
- Drug Reimbursement
- Managing out of Pocket Expenses
- Health and Travel Insurance

[View the recorded Money Matters Webinar here!](#)

Education Opportunities

Severe Asthma – What that Looks Like in Primary Care

Tue Nov 17, 2022 | 6:30-8:00pm ET | Free Virtual or In-Person Seminar

Speakers: Dr. Alan Kaplan and Jennifer Falkiner

Learning Objectives

Participants will be able to:

- Recognize what constitutes good asthma control
- Identify patients within their practice who need to be assessed for severe asthma
- Recognize the burden of oral corticosteroids on patients
- Discuss what primary care practitioners need to know to support their patients who are on biologics

Agenda:

6:30 pm - 7:00 pm Registrations and Refreshments

7:00 pm - 7:45 pm Presentation
7:45 pm - 8:00 pm Question and Answers

Join us in-person (limited capacity) or online.

For questions please email Gloria at pep@lunghealth.ca

Register now to save your spot!

Prevention of COPD Exacerbation and Mortality **Tue Nov 1 or 8, 2022 | 7pm or 8pm ET | Free Virtual Accredited Webinar**

As we now come out of a period of prolonged social distancing and isolation, and start to be exposed to infections and other aggravating factors again, there is a concern regarding the surge in exacerbations for people with COPD.

Join our experts in this FREE 60-minute webinar and learn more about what you can do help reduce the harmful effects of COPD exacerbations (reported and unreported) that can result in morbidity and death.

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification Program (MOC) of The Royal College of Physicians and Surgeons of Canada, and approved by the Canadian Thoracic Society. You may claim a maximum of 1.0 hour (credits are calculated automatically).

This program is co-developed by the Canadian Thoracic Society, RESPIPLUS™ and AstraZeneca and is planned to achieve scientific integrity, objectivity and balance.

Register now - November 1, 2022 | 7pm ET

Register now - November 8, 2022 | 8pm ET



Join us for our 40th year as one of the largest and longest-running respiratory events in Canada!

This year's programming will bring together provider learning on issues that matter, patient empowerment and powerful policy discussions. We'll cover lung cancer, COPD, asthma, youth vaping and smoking cessation and infectious respiratory disease.

Details coming soon to betterbreathing.ca!

Collaboration Opportunities

Call for Testers! The Lung Health Foundation's Asthma Best Practices Toolkit is in Development

The Lung Health Foundation is working with clinical experts to develop an asthma best practices digital implementation toolkit, which will function as a one-stop-shop for clinical tools and resources to help healthcare providers implement practices in alignment with asthma quality standards.

From October 28 to November 11, the Lung Health Foundation will be conducting a round of "beta testing", to gather feedback on the structure, organization, and navigation of the toolkit website, before it launches next year. And we're looking for your help!

If you're interested in participating in the toolkit's beta testing process, please reach out to Kristiann Man at kman@lunghealth.ca.

Asthma and COPD Survey! We need your expertise and insights!

To help guide the strategic mapping and development of LHF's asthma and COPD programming, we are surveying healthcare providers about key barriers and opportunities.

This short online survey aims to understand factors that influence patient participation in self-management of asthma and COPD, especially in the context of two key interventions:

- 1) use of action plans and
- 2) use of (control) inhalers.

The survey will take approximately 15 minutes to complete and is anonymous. Survey respondents will receive a **\$25 electronic Amazon gift certificate**. Be sure to have your say!

Provide your input here!

Seeking a Clinical Lead for Developing a New Primary Care Data Set!

Ontario's Primary Care Asthma and COPD Program (PCAP) has been delivered through select primary care organizations across Ontario for many years. To better enable outcome and performance measurement of PCAP, and to guide quality improvement, LHF is **seeking a Clinical Lead** who will directly plan and execute the development of a new PCAP data set.

Among other quality and performance measures, this data set should strive to allow for reporting in relation to Ontario Health's Asthma and COPD Quality Standards.

The Clinical Lead will work closely with LHF's Implementation team and Research and Impact team, as well as with the PCAP Medical Director.

If you have any questions, please reach out to Chris Langlois at clanglois@lunghealth.ca.

Review the job posting here!

Policy in Action

National Lung Health Agenda

One in five Canadians – over 7.5 million Canadians of all ages – is living with a serious respiratory disease. Every 15 minutes in Canada, someone dies from lung disease. Despite this, while the federal government has developed national strategies for many other major chronic disease areas, lung disease continues to be overlooked and underfunded.

Because of this, the Lung Health Foundation is calling on the federal government to commit to a National Lung Health Agenda. For this process, we hope to engage healthcare providers, patients and patient groups, as well as provincial and territorial governments in this critical call to action.

If you'd like to be a part of the consultation process, please contact kvelez@lunghealth.ca.

Research

Hello from our new Director of Research & Impact

In my new role as the Director of Research & Impact at the Lung Health Foundation, I am excited to apply my professional training in health services research to help the Lung Health Foundation reach its strategic goals and priorities. In the next few months (and beyond), I will be focusing on the following initiatives:

- Design and implement a new research funding program to promote research in specified areas within lung health
- Build a performance measurement framework at the LHF to ensure optimal efficacy and impact of programs and services to better serve the lung health community
- Create a national network of healthcare providers to promote collaboration on the design, delivery, and evaluation of strategies and policies to improve lung health in Canada.

I am very much looking forward to working with my new colleagues at the Lung Health Foundation, as well as all of you, to improve the lung health of Canadians.

Sincerely,
Wendy Yen, PhD(c), Director of Research & Impact

You can reach Wendy at wyen@lunghealth.ca.

In the Press

We are pleased to disseminate news of publications arising from projects previously funded by Lung Health Foundation research awards. This month we have:

Plasma-first: accelerating lung cancer diagnosis and molecular profiling through liquid biopsy. Therapeutic Advances in Medical Oncology - Garcia-Pardo M, Czarnecka K, Law JH, et al.
[doi:10.1177/17588359221126151](https://doi.org/10.1177/17588359221126151)

Do you have a recent publication related to our five foci (Asthma, COPD, Lung Cancer, Smoking/Vaping Cessation, Infectious Respiratory Disease) you'd like to share? Please send it our way!

Help us Grow our Network

The wisdom and expertise of healthcare professionals dedicated to improving the lung health of Canadians have long guided the mission of the Lung Health Foundation. Help us grow our **Lung Health Network for Healthcare Professionals and Researchers** by inviting your friends and colleagues to join.

Powered by the Lung Health Foundation, this network offers meaningful opportunity for healthcare professionals to collaborate and directly contribute to the design, delivery, and evaluation of strategies and policies to improve lung health in Canada.

The Network and its members are guided by the **strategic plan of the Lung Health Foundation** and are engaged throughout the Lung Health Foundation's work to ensure healthcare professionals' perspectives and insight contribute to impact and sustainable change.

We are building a community of passionate and dedicated healthcare professionals who believe lung health can and should be better for all Canadians.

Opportunities within the Network include:

- Leadership Roles
- Education Hub
- Research Hub
- Implementation Hub
- Health Policy Hub
- Speaker's Bureau

For more information and to join the Network, we invite you to visit lungnetwork.org

Join the Network

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