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lung health
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Hello Network Members,

Happy New Year!

We are starting off 2023 with a bunch of new events, all with in-person opportunities. We were so excited to tell you we are sending this newsletter out early!

We are particularly excited to welcome you back in-person on the final day of Better Breathing 2023. We hope you'll join us as we celebrate 40 years!

Details below.

Wishing you a happy, safe and healthy 2023!

Education Opportunities

Lung Cancer and Spirometry Interpretation

Tue Jan 17, 2023 | 5:30pm - 9:30pm ET | FREE

In-person:

Holiday Inn Express, 320 Bay Street, Sault Ste. Marie

Virtual through Zoom.

Speakers:

- Dr. Gregory Berg, Pulmonary Specialist, Respirologist

- Dr. Stephanie Snow, Medical Oncologist, President of Lung Cancer Canada

This two-credit-per-hour Group Learning activity has been certified by the College of Family Physicians of Canada and the Ontario Chapter for up to 6 Mainpro+ certified credits.

[Learn more and Register to reserve your spot!](#)



Come join us at Breathe! Bash

It's time once again for Breathe! Bash, our annual celebration raising funds towards our mission in improving the lung health of Canadians. Join us for this important night as we light the **CN Tower** in our brand colours and hear inspiring stories from our community of lung health champions.

Hosted by the multi award winning journalist, **Avis Favaro**, we invite you to enjoy an evening of great food and drinks with music from singer and songwriter **Jesse Webber**.

Purchase your tickets today!

Join us in the iconic **Steam Whistle Brewery** and know that each dollar you help raise makes an important difference for every Canadian with lung disease.

January 26, 2023
Steam Whistle Brewery (Locomotive Hall)
6:30pm – 9:30pm
255 Bremner Blvd, Toronto, ON M5V 3M9

Purchase your tickets today!



Registration is open! From **February 7-10, 2023** engage in informative accredited educational sessions, thought-provoking ideas for practice change, and powerful discussions on key policy issues impacting Canadians.

We would LOVE to see you in-person on the Friday in Toronto as we return to an in-person format to celebrate our 40th anniversary of Better Breathing. Don't worry for those unable to join us in-person - the Friday program will be offered virtually as well.

Here's a sneak peak at some of our Friday highlights featuring speakers from across Canada:

- **Patient-Oriented Research and Its Implications on Indigenous Respiratory Health** *with Malcolm King, PhD, FCAHS, FRSC*
- **How Do You Consider Equity in Your Practice** *with Mithu Sen, MD, FRCPC, DABSM and Christina McMillan Boyles, RN, MScN, PhD (candidate)*
- **Building Bridges: Community Based Participatory Action Research (CBPAR) Approach** *with Smita Pakhale MD, FRCPC, MSc*

- **Moving UPSTREAM in Respiratory Illness** *with Benita Hosseini, PhD*

We're also thrilled to be hosting an in-person reception at the end of the day to network and officially cheers to 40 years! See below – you won't want to miss it.

More information, including the program, at betterbreathing.ca.

[Register Now](#)

Cheers to 40 Years! Join us in-person for a celebration of Better Breathing

Beyond the scientific education, Better Breathing has always been an important opportunity for healthcare professionals to gather, network and bond over a shared interest in improving the lung health of all Canadians.

We are honoured to mark 40 years as Canada's largest and longest-running accredited respiratory event with a special in-person celebration at the end of our Friday February 10th programming.

From 5:30pm - 7pm join your colleagues, friends and the Lung Health Foundation staff to cheers to 40 years! Program below. Special thanks to ProResp for its continued support of Better Breathing and this event.

Whether or not you can attend, we would love to share you stories, memories and reflections on Better Breathing's past (submit via the red button below).

Join us in-person or in-spirit on Friday February 10 as we celebrate and reflect on 40 years of achievements and advances in lung health together!

RSVP or Share Memories of Better Breathing here!

40th Anniversary **Celebration**

Friday, February 10th, 2023

5:30 PM - 7:00 PM

Chelsea Hotel | 33 Gerrard St W, Toronto, ON M5G 1Z4

Presented by



PROGRAM

5:15 PM	Networking
5:45 PM	Opening Remarks
5:50 PM	Reflection and Connection
6:15 PM	A Tribute to 40 Years of Better Breathing
6:45 PM	Closing remarks

Help us Grow our Network

The wisdom and expertise of healthcare professionals dedicated to improving the lung health of Canadians have long guided the mission of the Lung Health Foundation. Help us grow our **Lung Health Network for Healthcare Professionals and Researchers** by inviting your friends and colleagues to join.

Powered by the Lung Health Foundation, this network offers meaningful opportunity for healthcare professionals to collaborate and directly contribute to the design, delivery, and evaluation of strategies and policies to improve lung health in Canada.

The Network and its members are guided by the **strategic plan of the Lung Health Foundation** and are engaged throughout the Lung Health Foundation's work to ensure healthcare professionals' perspectives and insight contribute to impact and sustainable change.

We are building a community of passionate and dedicated healthcare professionals who believe lung health can and should be better for all Canadians.

Opportunities within the Network include:

- Leadership Roles
- Education Hub
- Research Hub
- Implementation Hub
- Health Policy Hub
- Speaker's Bureau

For more information and to join the Network, we invite you to visit **lungnetwork.org**

[Join the Network](#)



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